

# RF

**RADIO  
FREQUENCY  
REGIMEN**



**USER  
MANUAL**

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# ABOUT

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**Combining multiple functions to deliver the ultimate skincare experience, the Radio Frequency Regimen is a multi-step routine that enhances skin texture and reduces the appearance of fine lines, breakouts and inflammation.**

The RF Regimen has three modes to enhance your skincare experience.

**Mode 1:** Radio frequency (RF) and red LED stimulate collagen production and cellular activity, to help reduce the appearance of wrinkles, scars, and promote firmer, tighter skin.

**Mode 2:** Electrical muscle stimulation (EMS) and purple LED trigger microcirculation in the skin and revitalize cells, helping to firm skin tissue and facial contours, reduce redness and inflammation, and accelerate the healing of sun damage, scars, and blemishes.

**Mode 3:** Blue LED and the cooling feature penetrate just below the skin's surface to eradicate acne-causing bacteria, reduce pore size, and stabilize overall oil production, preventing future breakouts and inflammation.

The RF Regimen also includes the Vibrant Renewal Cream, Advanced Facial Treatment Serum, and the Radiance Reinforcing Powder to complete this radiance-boosting program.

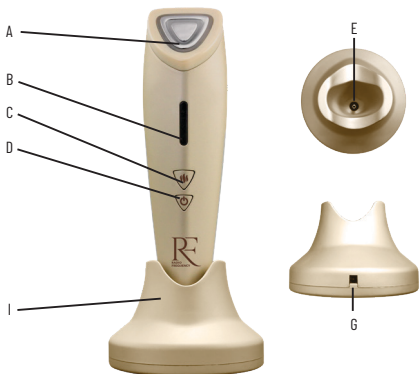
# CONTENTS

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1. RF Device
2. Charging Port & Adapter
3. Duo Component: 2 formulations,  
1- Vibrant Renewal Cream  
2- Advanced Facial Treatment Serum
4. Radiance Reinforcing Powder (12  
bottles)
5. Silicone Device Cover
6. Cleaning cloth
7. Travel Pouch





- A. Treatment Surface
- B. Indicator Lights
- C. Mode Selector Button
- D. On/ Off Button
- E. Charging Port Socket
- F. Adapter
- G. DC Plug
- H. DC Pin
- I. Charging Port



## FUNCTIONS OF THE RF DEVICE

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### **Mode 1:**

Red LED lights + Radio Frequency (RF)



### **Mode 2:**

Purple LED lights + Electrical Muscle Stimulation (EMS)



### **Mode 3:**

Blue LED Lights + Cooling Feature

**ON MODE 3 ONLY:** After 5 minutes, Blue LEDs will automatically shut off. Device will begin cooling down for an additional 30 seconds, and will then completely power off.

## **MODE 1 – RED LED + RADIO FREQUENCY (RF)**

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### **RADIO FREQUENCY (RF)**

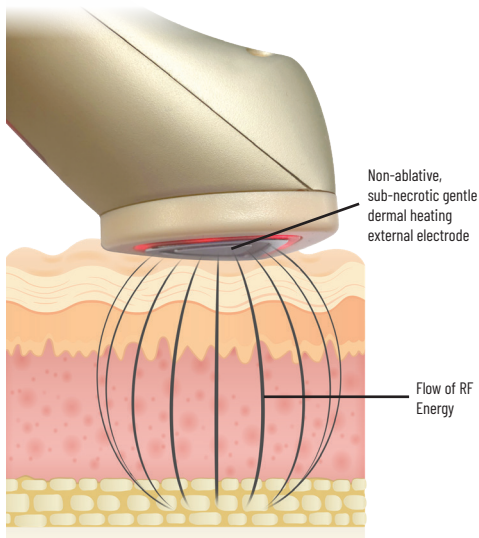
Radio frequency (RF) treatment is a non-surgical and non-ablative aesthetic technique that ‘reshapes’ and ‘re-contours’ the skin from its deeper layers. The treatment involves using RF electrodes to deliver radio frequency waves into the skin, warming up tissue and triggering an increased production of collagen and elastin, which in turn tightens loose skin and smooths wrinkles. The result is an even, firmer, more contoured appearance.

### **RED LED**

Red LED light therapy is a form of photobiomodulation treatment (also known as cold laser or soft laser therapy) that utilizes low-level light wavelengths to stimulate cellular activity and target common skin concerns, especially wrinkles, scars, and wounds. By penetrating 5 millimetres below the skin’s surface and triggering circulation and a biochemical effect within individual cells, red LED can be highly effective in promoting wound healing and tissue repair. Red LED is visible to the human eye and is the preferred treatment to treat the dermis layer of the skin.

## DELIVERY OF RF ENERGY

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## **MODE 2 – PURPLE LED + ELECTRICAL MUSCLE STIMULATION (EMS)**

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### **ELECTRICAL MUSCLE STIMULATION (EMS)**

Electrical Muscle Stimulation (EMS) is a gentle, pain-free procedure that utilizes electric impulses to elicit muscle contractions. When electrical signals are passed through the skin to the nerves, natural muscle movements are triggered and activated, which in turn stimulate microcirculation in the skin and promote lymph drainage. The result is a visible reduction of wrinkles, firming of the skin tissue and facial contours, muscle strengthening, and smoother, 'lifted' skin.

**OVERALL BENEFITS:** Tightens skin, lifts, tones, firms

### **PURPLE LED**

Purple LED light therapy is another form of photobiomodulation treatment that combines red LED and blue LED. It triggers cellular regeneration by reducing DNA telomeres within cells, which in turn revitalizes the cells into a stem-like state in order to create new skin cells. Thanks to the way purple LED stimulates collagen production, neutralizes acne-causing bacteria, and promotes oxygen supply to the skin, it is able to

reduce redness and inflammation while accelerating the healing of sun damage, scars, and blemishes. The result is a soft, radiant, even skin tone.

## **MODE 3 – BLUE LED + COOLING FEATURE**

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### **BLUE LED**

Blue LED light therapy utilizes a specific wavelength to penetrate just below the skin's surface and eradicate acne-causing bacteria, which in turn reduces inflammation and prevents future breakouts. By stimulating additional interaction alongside the blood in skin capillaries, oxygenated blood is better distributed to the cells, promoting an overall healthier-looking, more even complexion. The result is fewer breakouts, a reduction in pore size, and stabilization of oil production.

### **COOLING FEATURE**

After using your device on RF mode, the effect of the stainless steel chillers cool down and calm your skin, reduce inflammation and redness, and tighten your pores to conclude the treatment.

## BEFORE YOU BEGIN

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Remove all device components from the box (charging port, adapter, device). Before using your RF DEVICE for the first time, charge the battery to full. This may take up to 6 hours. Please note that you cannot use your RF DEVICE while it is charging. (Refer to section “Charging Your Device”).

Inspect the device before each use to check for any damages. Check the casing, as well as the power cord, for any cuts, frays, or other forms of damage. If your device is damaged in any way, whether this may be a crack in the outer shell, an improperly placed fan vent, or a damaged plug, make sure that you do not use the device. Please contact customer service.

## LIFETIME WARRANTY

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Please review our detailed warranty terms on our website at [www.jelessi.com](http://www.jelessi.com) by clicking on the lifetime warranty tab. If you did not purchase the product from our online store, **you must register it within 7 business days after purchase date in order for the warranty to be in place.** Please review the terms for in-store purchases.

[HTTP://WWW.JELESSI.COM/LIFETIME-WARRANTY/](http://www.jelessi.com/lifetime-warranty/)



### Manufacturer Satisfaction Guarantee

Jelessi is proud to stand behind its products and our customer's satisfaction. For all in-store purchases, ask about a free product trial before you buy. For all authorized online purchases, Jelessi offers a Manufacturer Satisfaction Guarantee – if you are not satisfied with your product purchased online, [www.jelessi.com](http://www.jelessi.com) offers a 100% Manufacturer Satisfaction Guarantee and will permit an exchange of the purchased product for any alternative Jelessi product of equal or lesser value.

For any questions feel free to contact [cservice@jelessi.com](mailto:cservice@jelessi.com).

## RESEARCHED BY NASA

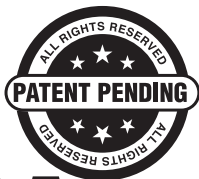
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*"Biologists have found that cells exposed to near-infrared light – that is, energy just outside the visible range – from LEDs grow 150 to 200 percent faster than those cells not stimulated by such light. This form of light increases energy inside cells which results in speeding up the healing process."<sup>1</sup>*

*"LEDs are light sources releasing energy in the form of photons. They release long wavelengths of light that stimulate cells to aid in healing." "With the help of NASA... and its medical partners (we) have been able to take a space technology and adapt it for an entirely different application to significantly help people here on Earth,"<sup>2</sup>*

(1) NASA WEBSITE - TECHNOLOGIES LED TREATMENT

(2) NASA WEBSITE - NASA Light Technology



**FDA**  
**CLEARED**

The RF Regimen device has been tested and approved by a certified MD. The assessment concludes the RF Regimen device as safe and efficient for the purposes of anti-aging treatment.

## LIGHT INDICATORS

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**Steady Red:** Device is powered on Mode 1 (Red LED + RF)

**Steady Purple:** Device is powered on Mode 2 (Purple LED + EMS)

**Steady Blue:** Device is powered on Mode 3 (Blue LED + Cooling)

**Rapid Yellow Flashing:** Device needs to be charged. Your indicator light will rapidly flash yellow approximately 10 times before completely shutting off.

**Flashing Yellow:** Device is in the charging station

**Steady Yellow:** Device is fully charged

## TREATMENT HOW TO/DIRECTIONS

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Please note the RF Regimen device has an inactivity timer that will automatically turn the device off if it has not been in contact with the skin or in use for 10 minutes during Mode 1 (Red LED Lights + Radio Frequency) & Mode 2 (Purple LED Lights + EMS). Device will power off completely after five minutes during Mode 3 (Blue LED + Cooling).

*\*Using your RF DEVICE with the 2 formulations provided is recommended as a boost to kickstart your treatment, but is not mandatory to use with your device.*

**Step 1:** Gently wash and dry your face. Your skin should be clean, dry, and free of any powders, gels, or creams.

**\*Step 2 (optional):** Apply “Vibrant Renewal Cream” as indicated on dual bottle, matching MODE 1 (Red LED + RF). Gently apply the cream to your face, avoiding the eye area.

**Step 3:** To begin your treatment, lift the device from its cradle in the charging port. Press the ‘Power’ button to power on your device. This activates Mode 1 (Red LED Lights + Radio Frequency). You should see Red LED Lights on the treatment surface & both sides of the device.

**Step 4:** Place the metal, light emitting surface on the first area of skin that you want to treat. Apply light pressure while slowly gliding the applicator in small, circular motions. You should feel a slight tingling sensation and warmth.

**Step 5 (Optional):** *Using one of the Liquefying Powder bottles, matching MODE 2 (Purple LED Lights + EMS) apply small amounts on the desired treatment areas and gently massage into the skin.*

**Step 6:** Press the “function” button on your device (ONCE if the device is on MODE 1. If the device is off, push the POWER button, and the function key TWICE). This will initiate Mode 2 (Purple LED Lights + EMS). You should see Purple LED Lights on the treatment surface and both sides of the device. Place the treatment surface on the first area that you want to treat. Apply light pressure while slowly moving the applicator in small, circular motions. You may feel slight tightening — this is from the EMS function, stimulating and contracting your muscles.

**\*Step 7 (optional):** *Apply the “Advanced Facial Treatment Serum” MODE 3 (Blue LED + Cooling) to your desired facial treatment areas (avoid eyes).*



**Step 8:** Press the “function” key on your device (ONCE if the device is on MODE 2. If the device is off, push the POWER button, and the function key THREE TIMES). This initiates MODE 3 (Blue LED + Cooling) on your RF DEVICE. For three minutes, apply a light pressure while slowly moving the applicator in small, circular motions on your desired treatment areas. The device will automatically shut off after five minutes. For additional treatment time while in MODE 3, you may power the device on once again, and continue for no longer than 10 minutes in total.

**Step 9:** You have now completed your treatment.

## TREATMENT AREAS

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FACE



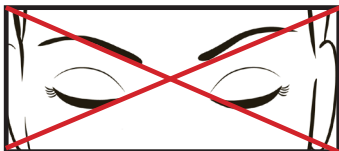
FOREHEAD



AROUND EYES

**DO NOT** use the device on eyelids.

Be sure not to over-treat, and to follow the treatment regimen, as over-treating can lead to redness and swelling.



## WHAT TO EXPECT DURING TREATMENT

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**During a session, it is normal to experience and/or feel:**

- A sensation of warmth, vibrating, or slightly invasive feeling during EMS and RF functions. You will also feel cooling during the Blue LED/Cooling function. This is normal and should disappear within an hour after the session.
- Mild redness: After each session, you may notice a slight reddening of the skin (mild erythema) over the treated area. Discontinue use if you encounter any discomfort or skin redness that lasts for more than 24-48 hours.
- A fan noise: It is normal to hear a fan noise turning on and off during treatments. This is a safety feature that helps to regulate the skin temperature during use.

## POTENTIAL EFFECTS AFTER TREATMENT

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After using your device, these are some of the side effects that you may experience, all of which are absolutely normal:

- Minor skin discomfort: Your skin may become slightly irritated after using RF Regimen device. This should disappear within 24-48 hours after treatment.
- Skin redness: Your skin may become slightly red right after using RF Regimen device. This should disappear within 24-48 hours after treatment.

# IMPORTANT SAFETY INFORMATION

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## **DO NOT USE THIS DEVICE IF:**

- You have a condition that makes your skin especially sensitive to light, such as systemic lupus erythematosus porphyria, polymorphic light eruption, and solar urticaria.
- You have a history of light triggered seizures, especially if you have photosensitive epilepsy, as the pattern of bright light could induce seizures.
- You are undergoing radiation or chemotherapy treatments.
- Discontinue use if you encounter any discomfort or skin redness that lasts for more than two days. You may have sensitivity to light or another condition. Consult with your doctor.

## **WARNING - to avoid serious injury:**

- This device is not for use over the eyes and is not for use on eyelids.
- This device is not for use by people under the age of 18 years.
- Do not use this device on areas of potential skin cancer such as dark brown or black spots, large freckles, birthmarks, moles or warts. To do so may result in delaying the best medical treatment.

## **WARNING – TO REDUCE THE RISK OF ELECTRIC SHOCK THAT MAY CAUSE SERIOUS INJURY OR DEATH**

- Do not place in, or drop into water or any other liquid.
- Do not use RF Regimen device if it becomes damp or wet.
- Do not attempt to open or repair your RF Regimen device.
- Do not operate the device if it has a damaged cord or plug.
- Use the device only for its intended use and as described in its manual.

## **PRECAUTIONS**

### **Take the following precautions to avoid minor or moderate injury or damage to your device:**

- You have an active skin condition in the treatment area including, sores, psoriasis, eczema, sunburns, herpes simplex, open wounds or a rash.
- Do not use this device on skin that is infected, burned, or cut, as this could cause discomfort or irritation.
- Never look directly at the light coming from the RF Regimen device applicator.

# SAFETY FEATURES OF THE RF REGIMEN

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## **The RF Regimen device has several built-in safety features:**

- Superior safety with lower temperature and energy level
- RF Regimen device has an automatic inactivity shut-off feature.
- The RF Regimen device has an inactivity timer that will automatically turn the device off if it has not been in contact with the skin or in use for 10 minutes during Mode 1 (Red LED Lights + Radio Frequency) & Mode 2 (Purple LED Lights + EMS). Device will power off completely after five minutes during Mode 3 (Blue LED + Cooling).

## PROTECT YOUR DEVICE

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- Store the device in a clean area free of dust.
- RF Regimen device can not tolerate extreme change of temperature. When moved from a cold environment (under 10C/50F) to a warm environment, avoid use for approximately 3 hours.
- RF Regimen device is designed for occasional home use (as opposed to exhaustive commercial or professional use). Avoid such exhaustive use.

## CHARGING YOUR DEVICE

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- Insert the applicator into the cradle in the charging port.
- Plug the adapter plug into the charging port socket.
- Plug the adapter into a standard 110V AC electrical outlet.
- The battery-charging light will show a **FLASHING YELLOW** light to indicate that your device is in the process of charging.
- When battery-charging-indicator light turns to **STEADY YELLOW**, your device is fully charged.
- The applicator will only maintain its charge for about 3 days. It is recommended that the applicator be charged after every use.

### CAUTION!

Never use any power supply other than the one provided with your device. If you lose the power unit or it is damaged, contact the manufacturer for a new one.



# MAINTENANCE OF YOUR DEVICE

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Clean your device after each treatment.

## **DANGER! RISK OF ELECTRIC SHOCK**

Never clean the device or any of its parts with water or any other fluid.

- Always unplug the adapter from the wall before cleaning.
- Turn the applicator off by pressing the power on/off switch.
- Allow cooling down of its treatment surface.
- Wipe the treatment surface with alcohol wipes or a small amount of rubbing alcohol (damp not wet) on a cotton ball after each use to prevent buildup of oils, and then allow to air dry.

## **STORAGE**

Store the clean device and all its parts in a cool dry place.

- Do not place or store RF Regimen device where it can fall or be pushed into a tub, sink or any other vessel containing water.
- Keep the power supply cord AWAY from heated surfaces.

# TROUBLESHOOTING

In the event that your device fails to perform as expected, the following suggestions will help to identify potential issues with the device and its setup. If you are unable to solve the problem with the information below, contact JELESSI customer support.

PROBLEM	CAUSE	SOLUTION
Device does not turn off when power button is pressed.	The rechargeable batteries are empty. The applicator is broken.	Please recharge the device for 6 hours. Contact customer service.
Device suddenly turns off.	The rechargeable batteries were empty.	Place the device back into the recharging station for 6 hours.
Device temperature rises during recharge.	This is normal.	No action is required.
Yellow indicator light is not on when the device is charging in the base.	The battery is not charging properly. The applicator is broken.	Make sure the plug is inserted correctly into the charging port socket, the adapter plugged into a working electrical outlet, and the applicator is securely in the recharging base. Connect another appliance to the wall socket and check to see if the electrical outlet is working. If the applicator still does not charge, contact customer service. Contact customer service.
Applicator temperature rises during use.	This is normal.	No action is required.

## DEVICE SPECIFICATIONS

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**LED Lights:** 18 lights in total

**Red LED:** 6 lights, 630±5nm

**Purple LED:** 6 pcs, 425nm

**Blue LED:** 6 pcs, 465nm

**Charging Test Power:** 0.7-4.7W

**Rated Voltage:** 100V/240V; 50/60Hz 0.3A

**Lithium Battery Voltage & Current:** 7.4V, 800mAh

**Charging Voltage and Current:** 10.5V-0.4mA (DC Charging)

**Product Size:** Length (198mm) x Width (45mm) x Height (59.6mm)

# LABELING

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Degree of protection against electric shock : type BF applied part.



WEEE- Waste Electrical and Electronic Equipment



Follow the instructions for use

IP22

IP22 Waterproof IP rating



Keep Dry